

## **No Matter What**

Rejoice in the Lord Always – Philippians 4:1-9

Paul encourages believers to stand firm together by rejoicing in the Lord, treating everyone with gentleness, not being anxious but instead presenting our requests to God, thinking about what is excellent and praise-worthy and then putting that into practice . . . No Matter What!

### **Stand Firm Together (4:1-3)**

### **Rejoice in the Lord (4:4-7)**

Be Gentle

Do Not Be Anxious

Pray

### **Think About & Put Into Practice (4:8-9)**

### **For Discussion and Action:**

**Is your life marked by rejoicing in the Lord or by anxious thoughts?**

**What current opportunities do you have to show gentleness (reasonableness) to others?**

**Read ahead for next week – Philippians 4:10-23 ([calvarychurch.org/nomatterwhat](http://calvarychurch.org/nomatterwhat))**