

**Seeing God Through the Psalms**  
**Psalm 3 – p. 448**

To know God better we have to see Him more clearly. The Psalmist invites us to look, notice, recognize, observe and behold God through the valleys and mountaintops of everyday life. We begin with David's individual lament, written to paint a clear picture of what triumphant faith looks like when it is tested by the fires of adversity. (*Steven J. Lawson*)

**Psalm 3: The Context**

***Selah*** – a musical term calling for a rest, pause or hush. An attention getter.

**Trouble: *Selah*** (v. 1-2)

Many are against me

Many are taunting me

***Selah***

**Faith: *Selah*** (v. 3-4)

My Shield

My Glory

The Lifter of my head

He answers me

***Selah***

**Peace & Salvation: *Selah*** (v. 5-8)

I lay down and slept, I woke again

I will not be afraid

Salvation and Blessing from God

***Selah***

**My Shield, My Sustainer, My Salvation - *Selah***