

## When in doubt...

Psalm 13 – page 452

What do we do when God seems distant and when we feel abandoned by Him and doubt His presence and goodness? What do we do with the doubts that are caused by difficult circumstance and unmet expectation? When in Doubt...

### Psalm 13

TO THE CHOIRMASTER. A PSALM OF DAVID.

- 1 How long, O LORD?  
    Will you forget me forever?  
    How long will you hide your face from me?
- 2 How long must I take counsel in my soul  
    and have sorrow in my heart all the day?  
    How long shall my enemy be exalted over me?
  
- 3 Consider and answer me,  
    O LORD my God;  
    light up my eyes,  
    lest I sleep the sleep of death,
- 4 lest my enemy say,  
    “I have prevailed over him,”  
    lest my foes rejoice because I am shaken.
  
- 5 But I have trusted in your steadfast love;  
    my heart shall rejoice in your salvation.
- 6 I will sing to the LORD,  
    because he has dealt bountifully with me. (ESV)

Reflection questions:

- How can we learn to lament, to honestly share our frustrations and doubts with the Lord?
- With whom can you share in order to help each other refocus on the character of God when in doubt?

Recommendation

**Meditate** on Psalm 13 this week—take time to soak in the challenge and truth

**Listen** or watch to Mark Farnum’s sermon on Psalm 88 on [Calvarychurch.org/psalm88](http://Calvarychurch.org/psalm88)

**Read**

Mark Vroegop, *Dark Clouds, Deep Mercy: Discovering the Grace of Lament*

Dane Ortlund, *Gentle and Lowly: The Heart of Christ for Sinners and Sufferers*