**Choose Your Words  
Intentionally – Ephesians 4:29**

“Sticks and stones may break my bones, but words will never hurt me.” This little rhyme couldn’t be further from the truth. Words are so powerful. They can be life-giving and build up, or they can be destructive and tear down. We must all choose our words . . . intentionally.

In the beginning was the Word . . .

Choose Your Words . . . Intentionally (Eph. 4:29)

No Corrupting Talk

Good For Building Up

**For Discussion and Action**

***Let’s memorize Eph. 4:29, “Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear.”***

***Who needs to be on the receiving end of our words that build up and give grace?***