**Choose Your Words  
Slowly – James 1:19-27**

Last week, we saw from Ephesians 4:29 that we should Choose Our Words *intentionally* in order to build others up. This week, we will see that another way to build others up is by not saying anything at all. Sometimes the most loving thing we can do is listen.

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Be Quick to Hear, Slow to Speak, Slow to Anger (1:19)

Hear the Word, Receive the Word, Be Doers of the Word (1:19-25)

Controlled Speech, Active Mercy, Pure Living (1:26-27)

**For Discussion and Action:**

**Discuss some practical ways you can become a more active listener.**

**What steps do you need to take to hear, receive and be a doer of God’s Words?**