**Time Out**(Luke 22– p. 900)

In the life of every family, and perhaps every person, there are moments that need a *Time Out*. A timeout can create the needed space to reflect, assess, remember and celebrate. In the life of a Church we have the same opportunity to pause and to remind ourselves of who God is and to celebrate what he has done and continues to do.

**What practices am I orienting my life around?**

**Why we gather**

**Communion**

**Luke 22**

**Broken**

**Baptism**

**Romans 6:4**

**Matthew 28:19**